

Using the West Berkshire Directory - in Easy Read

West Berkshire Directory



Information and guidance, as well as local groups,
activities, and services in your area.
directory.westberks.gov.uk



Online directory to find local care,
support, help, groups and activities.

What is the West Berkshire Directory?



Category
Adults

Location
Enter Full Postcode
Postcode:
Select radius: 1 mile
Apply location
Show map

Filters

- Are you looking after someone?
- Concerned about your hospital stay?
- Do you feel lonely, anxious or emotionally distressed?
- Do you need help getting out and about?
- Do you need help staying safe from abuse or neglect?
- Looking for activities / clubs / events in your community?
- Activities / Resource centres / Clubs
- Community support groups & organisations
- Day centres
- Events
- Exercise & fitness classes
- Looking for care homes or supported / sheltered living?
- Looking for help with finances?
- Looking for housing information?
- Need health information and support?
- Need help at home?
- Would you like to learn, work or volunteer?
- Facilities
- Free Activity?
- Funding List

Related information results
Hide

- West Berkshire Council's Sport and Leisure?
- West Berkshire Council - Autism: Sources of Help and Support
- West Berkshire Council - Feeling Less Lonely
- West Berkshire Council - Resource / Day Centres?
- West Berkshire Council - Supporting People with a Learning Disability?
- Dentist for those with special needs in West Berkshire?

Search results 45 results
Add a listing
Sort by: A-Z

1 2 3

ASD Family Help - Adult Social Group (18+)
Previously called the 3 Frogs Group. Come and join us at The Crucible. Necessary for our monthly adult social group. Anyone 18 years or over who is autistic or has any related condition or learning disability/difficulty is...

Join Rachel and Sara for a relaxed, judgment-free space created especially for ADHD adults. Whether you were diagnosed later in life like Sara or have grown up with ADHD like Sara, you're welcome here. If you are 18 or...

Adult Learning Disabilities Physical Activity and Healthy Eating Group - Inclusive Multisports
A free weekly 90-minute drop-in session for adults with learning disabilities, combining physical activity with interactive education on healthy eating, wellbeing, and positive lifestyle habits. Sessions provide a supportive...

Athletics for adults with a disability
All abilities welcome. Having access to a wide range of leisure activities and facilities is important for everyone. No Limits will help the people they support enrich their social and life skills, as well as promoting a healthy...

It holds lots of listings of organisations and groups in West Berkshire for adults, children and people with special educational needs and disabilities

How to find the Directory



Go the website on a computer, tablet or phone:

Open your browser, and type

<https://directory.westberks.gov.uk/>



Or go to your browser and type into the search bar:

West Berkshire Directory

How to search – first way

At the home page, you can use the search bar, and type in a word, for example learning disabilities



[Home - West Berkshire Council](#)

[Provider Dashboard](#)

[Log out](#)

[My Shortlist](#)

[Directory Home Page](#)

[Disabled Children's Register](#)

[How this site works](#)

[Add or update listing](#)

[Contact Us](#)

Welcome to

West Berkshire Directory

Information and guidance, as well as local groups, activities, and services in your area.

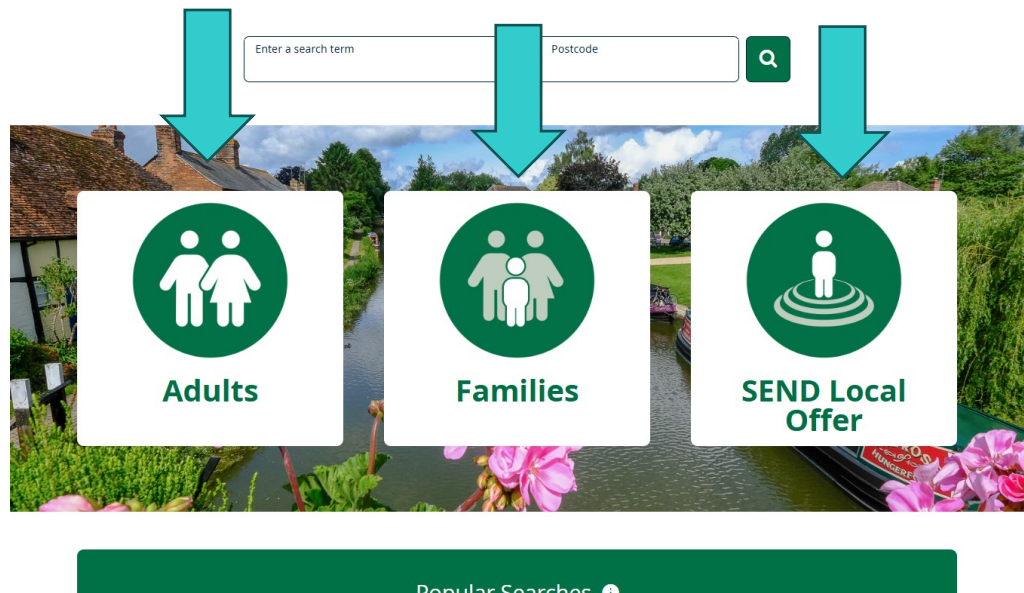


<input type="text" value="Enter a search term"/>	<input type="text" value="Postcode"/>	<input type="submit" value="Q"/>
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How to search – second way

Click a section – Adults, Families or SEND



How to search – second way

The screenshot shows a search interface with the following elements:

- Category:** Adults (checked)
- Location:** Enter Full Postcode (Postcode field with '1 m' dropdown), Apply location button, Show map button.
- Filters:**
 - Are you looking after someone?
 - Carer support groups
 - Carers assessment
 - Carers information
 - Finance
 - Holidays
 - Respite care for adults
 - Concerned about your hospital stay?
 - Do you feel lonely, anxious or emotionally distressed?
 - Do you need help getting out and about?
 - Do you need help staying safe from abuse or neglect?
 - Looking for activities / clubs / events in your community?
 - Looking for care homes or supported / sheltered living?

Search results 786 results (Add a listing button, Sort by: A-Z, pagination: 1 2 3 4 5 ... 53 Next page)

Abbeyfield Care Home, Winnersh - Specialist Dementia Care
We are a purpose-built, specialist dementia care home offering 62 en-suite bedrooms, each designed with warm, bright décor, adaptive furniture, and plenty of space for personal belongings to help residents feel truly at hom...
www.abbeyfieldliving.org.uk
https://www.abbeyfieldliving.org.uk/dementia-friendly-care-home/winnersh-in-winnersh-461-57wv?tags=bing&_source=1_MTM30DY00DKNDqzLWxyV2FaW9uLndtmNp-dGU9%3D
0118 977 4246
Add to My Shortlist

Admiral Nurses for Carers - Dementia support for younger families (YPWD)
A service for the carers of younger people with dementia (people of working age) within Wokingham, Reading and West Berkshire. The Admiral Nurse will provide a robust nursing assessment and work to address the needs o...
lizzie.harrison@berkshire.nhs.uk
<https://ypwd.info/dementia-carer-support/admiral-nurses/>
0118 207 2880
Added to My Shortlist


ADS Integrated Pest Management
A local family Pest Management business based in Berkshire. We specialise in delivering pest management solutions that are not only effective but also environmentally conscious.
pestmanagement.ads@gmail.com
<https://www.adsintegratedpestmanagement.co.uk/>
01635 741541
Add to My Shortlist


- ❑ Then it will open up a list and a set of filters
- ❑ You can click the down arrow to open these up to see more
- ❑ Tick in a box to see the results in a list


Have a look at all the filters to see what there is


Filters


Are you looking after someone? 


Concerned about your hospital stay? 


Do you feel lonely, anxious or emotionally distressed? 


Do you need help getting out and about? 


Do you need help staying safe from abuse or neglect? 

Looking for activities / clubs / events in your community? 


Looking for care homes or supported / sheltered living? 

Looking for help with finances? 

Looking for housing information? 

Need health information and support? 

Need help at home? 

Would you like to learn, work or volunteer? 

- This is the list in the Adults section
- Click the down arrow
- Tick box to see the search results

There are more ways to find what you need

Seasonal or One-off events/activities ▾

Supporting people with ▲

Autism / Aspergers

Dementia / Alzheimers

Hearing impairment

Learning difficulty


Learning disabilities

Long-term conditions

Day ▾

- ❑ ‘Supporting people with’ is useful if you are searching for activities, for example.
- ❑ Tick a box to see the results

There are more ways to find what you need



ASD Family Help - Adult Social Group (18+)
Previously called the 3 Frogs Group. Come and join us at The Crucible Newbury for our monthly Adult Social Group. Anyone 18 years or over who is Autistic or has any related condition or learning disability/difficulty is...

ayne@asdfamilyhelp.org
<https://asdfamilyhelp.org/index.php/branches/adult-club-newbury/>
07733 601755

[Add to My Shortlist](#)

ASD Family Help - New ADHD Adult Support Group
Join Rachael and Sara for a relaxed, judgment-free space created especially for ADHD adults. Whether you were diagnosed later in life like Rachael, or have grown up with ADHD like Sara, you're welcome here. If you are 18 or...

sara@asdfamilyhelp.org
<https://asdfamilyhelp.org/>
07886 712448

[Add to My Shortlist](#)

Advocacy services provided by SWAN in West Berkshire

□ When you see the list, you can click on one of the results to learn more

Home > West Berkshire Directory > ASD Family Help - Adult Social Group (18+)

ASD Family Help - Adult Social Group (18+)

[Back to results](#)

Previously called the 3 Frogs Group [Add to My Shortlist](#)

Come and join us at The Crucible Newbury for our monthly Adult Social Group. Anyone 18 years or over who is Autistic or has any related condition or learning disability/difficulty is welcome to join us.

You are welcome to come alone or with a partner, family, friends or carer. We are unable to provide one to one help, so you must be able to access this event without support or bring somebody with you to help support you.

We have tables set up for our social group just inside the room to the right of the bar. This event is free to attend, however there is food and drink available for you to purchase at the venue if you wish. Most of the group have dinner and a drink, but this is your choice.

All staff/volunteers will be wearing a blue t-shirt/hoodie with our logo on the back, so we are easy to see in the venue.

Please complete our registration form here: <https://www.surveymonkey.com/s/ASDFamilySocial?> if you intend to come - you will only need to do this once.

Costs
This event is free to attend. Food and Drinks are available to buy at the cost of the attendee.

Activity Period
Usually once a month from 6pm to 8pm. Check dates on facebook page.

Is referral required?
No

Local Offer
General

Contact details

Name: ASD Family Help
Address: Group held at: The Crucible, Henbridge Road, Newbury, RG14 5UT

Phone: 07733 601755
Website: <https://asdfamilyhelp.org/>
Email: ayne@asdfamilyhelp.org

Facebook: <https://www.facebook.com/asdfamilyhelp/>
Instagram: <https://www.instagram.com/asdfamilyhelp/>

Map showing location at The Crucible, Henbridge Road, Newbury, RG14 5UT.

Last updated: 07/01/2026

□ It will then open up the listing in full

How to add it to your Shortlist

[Home](#) > [West Berkshire Directory](#) > [ASD Family Help - Adult Social Group \(18+\)](#)

ASD Family Help - Adult Social Group (18+)

[← Back to results](#)

Previously called the 3 Frogs Group.

Come and join us at The Crucible Newbury for our monthly Adult Social Group. Anyone 18 years or over who is Autistic or has any related condition or learning disability/difficulty is welcome to join us.

You are welcome to come alone or with a partner, family, friends or carer. We are unable to provide one to one help, so you must be able to access this event without support (or bring somebody with you to help & support you).

We have tables set up for our social group just inside the room to the right of the bar. This event is free to attend, however there is food and drink available for you to purchase at the venue if you wish. Most of the group have dinner and a drink, but this is your choice.

All staff/volunteers will be wearing a blue t-shirt/hoodie with our logo on the back, so we are easy to see in the venue.

Please complete our registration form here:<https://tinyurl.com/ASDFHAdultSocial> if you intend to come - you will only need to do this once.

Costs

This event is free to attend. Food and Drinks are available to buy at the cost of the attendee

Activity Period

Usually once a month 6pm to 8pm. Check dates on facebook page

Is referral required?

No

Local Offer

General

Last updated: 07/01/2026

♥ Add to My Shortlist



Contact details

Name: ASD Family Help
Address: Group held at: The Crucible, Hambridge Road, Newbury, RG14 5UT
Phone: 07733 601725
Website: <https://asdfamilyhelp.org/>
<https://www.facebook.com/ASDFamily>
<https://www.instagram.com/asdfamilyhelp/>
Email: jayne@asdfamilyhelp.org



- ❑ If you want to, you can add the group to your Shortlist
- ❑ Click the 'Add to my Shortlist' button

What to do with your Shortlist

West Berkshire Directory

Category **Adults**

Location: Enter Full Postcode, Select radius (1 mile), Apply location

Related information results: Hide, West Berkshire Council - Autism: Sources of Help and Support, Dentist for those with special needs in West Berkshire

Search results 142 results

My Shortlist

Click on My Shortlist button

Your Shortlist

ASD Family Help - Adult Social Group (18+)

- Remove from your shortlist
- Show more details
- Clear Shortlist
- Email link to this list?
- Email customised booklet
- Print customised booklet

ASD Family Help - New ADHD Adult Support Group

- Remove from your shortlist

Evening Support Group parents of Neurodivergent Young People

- Remove from your shortlist

Click show more details

What to do with your Shortlist

West Berkshire Council
Log out Home - West Berkshire Council My Shortlist

Directory Home Page Disabled Children's Register How this site works Add or update listing Contact Us My profile Administration QSTED Data

Your Shortlist

< Back

If you wish to create another shortlist, with different listings, please select 'Clear Shortlist' to remove all listings.

- ASD Family Help - Adult Social Group (18+)** [Remove from your shortlist](#)
 - Group held at: The Crucible, Hambridge Road, Newbury
 - 07723 691755
 - jayne@asdfamilyhelp.org
 - https://asdfamilyhelp.org/index.php/branches/adult
 - Save to i Drive
- ASD Family Help - New ADHD Adult Support Group** [Remove from your shortlist](#)
 - 07886 712448
 - sara@asdfamilyhelp.org
 - https://asdfamilyhelp.org/
- Evening Support Group parents of Neurodivergent Young People** [Remove from your shortlist](#)
 - The Hare & Hounds, Bath Road, Speen, Newbury
 - neurodivergencewb@gmail.com

Actions:
Show more details
Clear Shortlist
Email link to this list
Email customised booklet
Print customised booklet

- ❑ You can clear the list
- ❑ You can Email a link to the list
- ❑ You can Email a booklet
- ❑ You can print a booklet

Getting back to the home page, or starting a new search

The screenshot shows the West Berkshire Council website interface. At the top left is the West Berkshire Council logo. To its right is a navigation menu with links: [Log out](#), [Home - West Berkshire Council](#) (with an external link icon), and a **My Shortlist** button. Below this is a secondary menu with links: [Directory Home Page](#), [Disabled Children's Register](#), [How this site works](#), [Add or update listing](#), [Contact Us](#), [My profile](#), [Administration](#), and [OFSTED Data](#). The main content area has a breadcrumb trail: [Home](#) > [Your Shortlist](#). Below this is the heading **Your Shortlist**. A [Back](#) link with a left-pointing arrow is visible. Below the heading is a note: "If you wish to create another shortlist, with different listings, please select 'Clear Shortlist' to remove all listings." There is a list item: "ASD Family Help - Adult Social Group (18+)" with a red "Remove from your shortlist" button and a "Show more details" button.

❑ Click back

or

❑ Click
Directory
Home Page

How to get in contact



Email:
directory@wesberks.gov.uk

Ref: ASC/KR/v1/0226

Photosymbols®
Personal Licence 583852572677