



Do you provide care for a family member or friend?

You may be eligible for a carers card.

Carers cards help make others aware that somebody is dependent on you. Having a carers card can be useful if you need support or assistance when you're out and about.



Carers cards are free for unpaid carers of all ages and can be used across Reading, West Berkshire and Wokingham.

The cards are available from local carers charity TuVida. TuVida can also help to create an 'emergency plan' setting out who should be contacted should you become unwell/involved in an accident/delayed and emergency support is needed for the person you care for. Your nominated person's contact details will be added to the back of the carers card.

To find out more, contact TuVida's Berkshire Carers Hub:

0118 324 7333

berkshire@tuvida.org

TüVida
Supporting your life

 **Reading**
Borough Council
Working better with you

 **WOKINGHAM**
BOROUGH COUNCIL

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Berkshire**
COUNCIL