

Birchwood Care Home



Care in West Berkshire
www.westberks.gov.uk



West Berkshire
C O U N C I L



Birchwood Care Home

Birchwood Care Home specialises in providing nursing care for those who are physically frail and have been diagnosed with dementia.

The home is well located with shops nearby and close to Newbury Town Centre. It is also well served by the main bus route from Reading to Newbury and has wheel chair access. It is purpose built for nursing care and all rooms benefit from private en suite bathrooms.

We know that moving into a care home can be difficult for prospective residents and their families and want to make it as easy and stress free as possible by providing an environment where residents receive a high standard of care and expertise in a place where they feel valued, safe and secure. We encourage residents to bring personal items with them, so that they can feel at home.

By taking a person centred approach, we keep the focus on the individual personalities and their strengths and abilities rather than any condition they may be living with.

We aim to respect each resident's privacy and dignity and offer support to encourage their independence wherever possible.

Our residents thrive with individual care plans, created just for them. To ensure we get this right, we actively work with families and friends, the people they know, and that know them best.

Meals

Our catering service provides a nutritious menu which rotates on a six weekly basis, providing several daily choices of breakfast, lunch, dessert, tea and supper.

Meals are prepared and homemade using fresh ingredients as far as possible.



Special dietary requirements, such as diabetic, vegetarian, pureed or gluten free, are catered for. Menus are regularly updated and residents consulted on their choices.

Activities

We offer activities to suit individual needs, and encourage residents to continue with their existing hobbies and interests. We have two dedicated Activities Coordinators who work with residents to provide variety and to ensure that all preferences are known and included.

Visitors

Family and friends are welcome to visit at any time, and residents are free to choose where visits take place. This might be in their room, in a communal area or the garden, or perhaps somewhere outside the home. We hold resident and family meetings to get regular feedback from our service users, and actively encourage comments and ideas on how we can continuously improve our service.

Staff

We have 24 /7 cover on site from a qualified Registered General Nurse, plus a team of dementia practitioners that receive ongoing training and professional development opportunities to enhance their skills and knowledge.

Registered provider

West Berkshire Council is the registered provider of care at Birchwood Care Home.

**Our vision and mission are underpinned by our core values;
Respect, Inclusion, Compassion, and Empowerment.**



To find out more about life at Birchwood Care Home,
Visit our website: www.westberks.gov.uk
Telephone: 01635 33967
Email: [Birchwood@westberks.gov.uk](mailto: Birchwood@westberks.gov.uk)

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