

## Contact list - outside of West Berkshire Council

<b>Childline</b>	Offers help and advice about a wide range of issues and the opportunity to talk to a counsellor online or on the phone.	0800 1111 <a href="http://www.childline.org.uk">www.childline.org.uk</a>
<b>Citizens Advice Bureau (CAB)</b>	Offers free, confidential, impartial, and independent advice on a wide range of subjects.	<a href="http://www.citizensadvicewestberkshire.org.uk">www.citizensadvicewestberkshire.org.uk</a>
<b>Daisy's Dream</b>	Daisy's Dream supports children and their families who have been affected by the life threatening illness or bereavement of someone close to them.	0118 934 2604 <a href="mailto:info@daisysdream.org.uk">info@daisysdream.org.uk</a> <a href="http://www.daisysdream.org.uk/">http://www.daisysdream.org.uk/</a>
<b>The National Youth Advocacy Service (NYAS)</b>	Provides children with advocates and independent visitors. Advocates make sure children's views, wishes and feelings are respected. Independent visitors befriend and spend time with children in care, becoming someone they can rely on.	0808 808 1001 <a href="mailto:help@nyas.net">help@nyas.net</a>
<b>NHS Advice</b>	For any health queries.	111 <a href="http://www.nhs.uk">www.nhs.uk</a>
<b>Sexual Health Clinic</b>	For any concerns around sexual health Covers West Berkshire aged 13 and over.	0118 322 7202 <a href="http://www.safesexberkshire.com">www.safesexberkshire.com</a>
<b>Police (non-emergency)</b>		101
<b>Relate Berkshire</b>	Offers relationship counseling for all ages, including young people.	0118 9876161 <a href="http://www.relate.org.uk">www.relate.org.uk</a>
<b>Samaritans</b>	Provides emotional support, 24/7 for people who are experiencing feelings of distress and despair.	116 123 <a href="http://www.samaritans.org">www.samaritans.org</a>
<b>Time to Talk</b>	Offers free, professional, non-judgemental counseling to young people in West Berkshire.	01635 760331 <a href="http://www.t2twb.org">www.t2twb.org</a>
<b>Trust House</b>	Specialist support services for people affected by rape and sexual abuse in Berkshire.	01189 584033 <a href="mailto:support@trusthousetreading.org">support@trusthousetreading.org</a>
<b>West Berkshire Training Consortium</b>	Provides training & modern apprenticeships.	01635 35975 <a href="http://www.wbtc-uk.com">www.wbtc-uk.com</a>
<b>West Berkshire Volunteer Centre</b>	Offers support in finding volunteering opportunities within the local area.	01635 49004 <a href="http://www.volunteerwestberks.org.uk">www.volunteerwestberks.org.uk</a>
<b>Become Charity</b>	Information, support and advice for young people in care and care leavers.	<a href="http://www.becomecharity.org.uk">www.becomecharity.org.uk</a>

# Contact list - within West Berkshire Council

<b>Access to your records</b>	Social Workers are encouraged to show or tell you about the records they are making about you so these are not a worry to you. If you wish to see your file use the contact details supplied here.	Access to records 01635 519787 <a href="mailto:ccsc@westberks.gov.uk">ccsc@westberks.gov.uk</a>
<b>Children in Care Council</b>	A group for young people in care and care leavers to represent the views of those to key decision makers and have an influence on the service they receive.	Debbie Mitchell - 0755411577 <a href="mailto:Deborah.mitchell@westberks.gov.uk">Deborah.mitchell@westberks.gov.uk</a>
<b>Complaints Manager</b>	If you have a comment or complaint to make about the service you receive from West Berkshire Children and Family Team.	<a href="mailto:ccsc@westberks.gov.uk">ccsc@westberks.gov.uk</a> 01635 519787
<b>The Edge</b>	Work with young people up to the age of 18 and their families/carers who are affected by drugs or alcohol.	01635 582002 <a href="mailto:theedge@westberks.gov.uk">theedge@westberks.gov.uk</a>
<b>Emergency Duty Team (EDT)</b>	If you are ever in trouble after normal office hours and urgently need a social worker you can call the EDT. If it is something that can wait until the next day please do not contact them.	01344 351999
<b>Independent Reviewing Officers (IROs)</b>	Conduct reviews.	<a href="mailto:cpadmin@westberks.gov.uk">cpadmin@westberks.gov.uk</a> 01635 503153.
<b>Leaving Care Team</b>	Support you from age 15+1/2.	01635 503115
<b>Education Services for children and young people in care</b>	Conduct education meetings and provide additional support for succeeding in education. Virtual School.	Head of Virtual school: Gus Marriott <a href="mailto:gus.marriott@westberks.gov.uk">gus.marriott@westberks.gov.uk</a> 01635 503570
<b>Health Team for children in care</b>	Nurses dedicated to the health of children and young people in care.	Kathryn Parker-Johnson 0118 904 7920 <a href="mailto:cicberkshirwest@berkshire.nhs.uk">cicberkshirwest@berkshire.nhs.uk</a>
<b>SEN and Children with Disabilities Team</b>	A team of social workers and family support workers who work with young people with special education needs and disabilities.	<a href="mailto:anna.mobbs1@westberks.gov.uk">anna.mobbs1@westberks.gov.uk</a> 01635 503632
<b>Youth Justice Support Team (YJST)</b>	involves people from these different agencies to help access the services young people need to help turn them away from crime.	<a href="mailto:yjst@westberks.gov.uk">yjst@westberks.gov.uk</a> 01635 553600

